Mariposa County Senior Resource List

Medical Equipment:

Mariposa Senior Activity Center, Senior Services (Free loan of equipment)

5246 Spriggs Lane, Mariposa CA, 95338

Office Hours: M-F, 8:00 AM—5:00 PM, 1-209-966-6632

Yosemite Medical Supply

5034 Coakley Circle, Mariposa, CA 95338

1-209-742-6224

Mariposa Co. Sheriff's Office, Project Lifesaver

Free tracking device (bracelet) for memory impaired residents of Mariposa County that allows Search & Rescue to guickly find the wanderer.

Call 1-209-966-3615 for more information

Northside Senior Club (Free loan of equipment)

10348 Fiske Road, Greeley Hill, CA 95311

1-209-878-3839

Legal Services:

Central California Legal Services (CCLS)

Fresno Location: 2115 Kern Street, Ste 200, Fresno, CA 93721 Merced Location: 1640 N Street, Ste. 200, Merced, CA 95340

Office Hours: M-F, 9:00 AM-12:00 PM & 1:00 PM-2:30 PM, 1-800-675-8001

Interfaith Legal Services

Free legal advice for residents of Mariposa County, by appointment only. 1-209-694-3481

Nutrition & Food Services:

Mariposa County Health & Human Services Agency (HHSA)

5362 Lemee Lane, Mariposa, CA 95338

Office Hours: M-F, 8:00 AM-5:00 PM, 1-209-966-2000 or 1-800-266-3609

CalFresh

Initial enrollment & replacement services for food assistance; applications available at the office or apply online at: <u>benefitscal.com</u>

Community Food Bank / USDA Commodities*

Mariposa County Park, 4889 County Park Rd., Mariposa, CA 95338

1-209-726-3663

Third Tuesday, 9:00 AM—11:00 AM

Manna House

5127 Charles Street, Mariposa, CA 95338

1-209-742-7985

M-F, 10:00 AM—2:00 PM; emergency free food assistance only (2x/mo. & during emergencies)

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^{*}For all Food Bank/USDA Commodity Programs - Applicants must bring a photo ID, proof of county residency, complete an application form, & self-certify income

Mariposa Senior Activity Center

5246 Spriggs Lane, Mariposa, CA 95338

Office hours: M-F, 8:00 AM—5:00 PM, 1-209-966-6632

Food Bank Brown Bag Program*

Provides Food Assistance for Small Fee – Suggested Contribution = \$58 a year. Seniors 60+ and disabled persons receive 2 bags of groceries/mo. 1st & 3rd Thursday from 9:00 AM—11:00 AM (No eligible senior will be turned away due to a lack of suggested contribution)

> Senior Nutrition Programs—Reservations Required

Nutrition line: 1-209-742-7182 (<u>Drive Thru only during COVID pandemic</u>)
M-F @ 12:00 PM—12:30 PM, Seniors 60 yrs. + and attending spouse (any age)
Home Delivery Meal program available to eligible enrolled seniors
(Contribution of \$4 is suggested for enrolled seniors; lunches for non-seniors available for \$6.00. No eligible senior will be turned away due to a lack of suggested contribution.)

North County Senior Meals Pilot Program (60 yrs.+)

Coulter Café, 5015 Main Street, Coulterville, CA 95311

Days of service: M, Th. & Fri.; 9:00 AM—3:00 PM; Choice of <u>Breakfast or Lunch</u> <u>Call 1-209-878-0822</u>, <u>HHSA Coulterville Office to inquire about application process</u>. (Breakfast or Lunch menu items for suggested contribution of \$4. No eligible senior will be turned away due to a lack of suggested contribution.)

Lake Don Pedro Baptist Church — Includes private & commodities programs

4175 Abeto Lane, La Grange, CA 95329

1-209-852-2731 or 1-209-852-2029 Website: Idpbaptistchurch.com Food Basket Program - 1st Wed. & 3rd Tuesday of the month. 9:00 AM—11:00 AM (Emergency Food Assistance – please call to schedule an appointment)

Community Food Bank — Old Schoolhouse

10331 Cemetery Rd. (Broadway & Cemetery), Coulterville, CA 95311 1-209-853-0373; Last Friday of the Month, 9:00 AM—11:00 AM

Greeley Hill Community Center

10332 A Fiske Road, Greeley Hill, CA 95311 Last Friday of the Month, 10:00 AM—11:00 AM (*Nov & Dec. 3rd Fri.*)

Greeley Hill Baptist Church

10241 Holtzel Rd, Coulterville, CA 95311; 1-209-878-3318 Either the 1st or 2nd Friday of the Month (*notified ea. mo.*) @ 12:30 pm

Housing:

Housing Rehabilitation Program

Long term interest-free deferred payment loans to cover home repairs such as roofs, electrical, plumbing, heating/air conditioning, foundation, handicap access.

Income and other eligibility requirements must be met.

Call Irma Wheeler at 559-802-1647 or 559-651-1000 for more information.

Mariposa Apartments (*mixed ages*)

5075 St. Andrews Road, Mariposa, CA 95338, 1-209-5567

Office Hours: M-F, 9:00 AM—4:00 PM

(Subsidized rent program available for low-income seniors & disabled adults)

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Mariposa Oaks Apartments (*mixed ages*)

5071 Circle Drive, Mariposa, CA, 1-209-966-3320

Office Hours: 10:00 AM—1:00 PM

(Subsidized rent program available for low-income seniors & disabled adults)

Mariposa Terrace I Apartments (*mixed ages*)

5020 Coakley Circle, Mariposa, CA 95338, 1-209-966-5034

Office Hours: M-F, 8:00 AM—2:30 PM

(Subsidized rent program available for low-income seniors & disabled adults)

Mariposa Terrace II Apartments (62 yrs.+, disabled adults)

5072 Saint Andrews Road, Mariposa, CA 95338, 1-209--966-3411

Office Hours: M-F, 8:00 AM-5:00 PM

(Subsidized rent program available for low-income seniors & disabled adults)

Sierra Garden Apartments (Seniors, disabled adults)

4922 Joe Howard Road, Mariposa, CA, 1-209-742-7688

(Subsidized rent program available for low-income seniors & disabled adults)

Connections Emergency Homeless Shelter (*mixed ages*)

5069 St. Andrews Road, Mariposa, CA 95338 1-209-966-2550

Mountain Crisis Services

5075 Hwy 140, Ste. C, Mariposa, CA, 95338

1-209-966-2350

Mariposa Co. Health & Human Services Agency (HHSA):

Adult Protective Services, Home Safe Program

<u>Warm Line: 1-209-742-0900</u> (60 yrs.+ and dependent adults) A supportive housing stability tool for seniors and dependent adults that are at risk of becoming homeless. Includes a broad range of services designed to allow seniors to remain in their home such as housing related intensive case mgmt., short-term housing related financial assistance, eviction prevention, landlord mediation, and more.

In-Home Supportive Services (IHSS):

Medi-Cal sponsored program for individuals who are 65 yrs. and older, blind, or disabled, in need of services to remain safely in their home for as long as possible, preventing, or postponing placement in skilled nursing or board & care facilities.

5362 Lemee Lane, Mariposa, CA 95338; 1-209-966-2000 or toll free: 1-833-423-0816.

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Energy Assistance & Weatherization Programs

Home Energy Assistance Program (HEAP)

HEAP is a federally funded program that helps low-income households pay their energy bill (*firewood*, *propane*, *or electricity*).

> Weatherization Assistance Program

Weatherization is the process of making your home more "air-tight" and energy efficient. The most common types of weatherization services: sealing holes & cracks, insulation, Weather stripping, fixing windows, water heater blankets, and more.

Call Mariposa County Health & Human Services for more information and applications at: 1-209-966-2000 or 1-209-742-0855

Family Wellness Center

Preventative programs for seniors and others such as social interaction, stress management, brain exercises, education, and more. 5362 Lemee Lane, Mariposa, CA 1-209-742-0990

Mother Lode Job Training—Mariposa

5362 Lemee Lane, Mariposa, CA 95338 Office Hours: M-F, 8:00 AM-5:00 PM 1-209-966-3643 or www.mlit.org

Mariposa County Transit Services:

Curb to curb services. Riders must call or email in advance to schedule services 1-209-966-5315 or transit@mariposacounty.org

MARI-GO Public Transportation Daily Fixed Routes:

- Monday Highway 49 North, Bear Valley, Hornitos, Catheys Valley areas
- Monday Sonora shopping for North County residents
- Tuesday & Thursday In Mariposa town and 3-mile radius
- Wednesday Highway 49 South, Ponderosa Basin, Lushmeadows areas
- Friday Highway 140 East, Midpines and surrounding areas

No eligible senior will be turned away due to lack of suggested contribution

Medi-Trans Program

Non-emergency medical transportation service for scheduled appointments in Mariposa and surrounding counties; seniors 60 yrs. of age and older.

No eligible senior will be turned away due to a lack of suggested contribution.

Veterans Help:

Mariposa County Veterans' Service Office (CVSO Office) 5300 Hwy 49 North; MOVING to new office location 03/2022: 5158 Hwy 140, Ste A #1-209-966-3696

Area 12 Agency on Aging (A12AA) - CA State Resources:

19074 Standard Road, Sonora, CA 95370, 1-209-532-6272 & toll free 1-800-510-2020 Office Hours: M-F, 8:00 AM-5:00 PM

- Programs available to Mariposa County residents include:
- Residential Repair/Home Modification in partnership with Habitat for Humanity.
- Chore Program annual free weed & trash removal to provide minimum access.
- Long-Term Care Ombudsman advocate for quality of life and quality of care.
- In-Home Support short-term such as post hospital discharge or recovery from long illness.
- **Medicare Counseling (HICAP)** one-on-one counseling, via telephone, to help navigate the Medicare system.
- Multipurpose Senior Services Program (MSSP) support services to enable seniors to remain in their homes and prevenir or delay placement in a nursing facility.
- Wellness Programs Nutrition and Exercise programs.
- **Dignity At Home Fall Prevention** Fall prevention information and education.
- Information and Assistance available by phone or online via the ADRC of the Mother Lode - an online directory of services for seniors & the disabled: https://adrcofthemotherlode.myresourcedirectory.com
- Caregiver Support Services Support and informational resources for caregivers.

PG&E Utility Programs:

Medical Baseline Program — Discounted rates for customers who have special energy needs due to certain qualifying medical conditions.

Free Portable Battery Program — To mitigate the loss of power during power losses. Eligibility is "event based" meaning it is tied to PSPS events and major disasters.

CARE Program — Low-income households can receive deep discounts plus, various home inspection safety/energy saving programs.

(Call customer service to lean more at 877-660-6789 (online web page below)

Social Media & Online:

Facebook Pages:

Mariposa County Seniors

Mariposa County Health & Human Services

Alzheimer's Caregivers Guide (Downloadable):

https://www.mariposacounty.org/DocumentCenter/View/4551/Alzheimers-Resourceguide?bidId=&fbclid=lwAR34SPeV8cyL_qz2rZ9GwT9BslJ_XRPGltnRdNj-tJc-6McqxVsE106M05M

PG&E Senior Customer Resources:

https://www.pqe.com/en_US/residential/your-account/account-management/manage-your-account/customer-solutions/solutions-for-seniors.page