



# Mariposa Wellness Center



DECEMBER 2018 			
	Mondays		Tuesdays
<b>3</b>	1:00- Snacks & Relax 1:30- Tree of Life with Sharon 3:15- Calendar Planning/ Holiday Mug Painting	<b>4</b>	1:00- Snacks & Relax 1:30- Cooking with Kelly 3:15- D&D with James
<b>10</b>	1:00- Snacks & Relax 1:30- Yoga Art with Sharon 3:15- Quick Fudge with Alecia	<b>11</b>	1:00- Snacks & Relax 1:30- Makerspace with Karen 3:15- Cooking with Reenie
<b>17</b>	1:00- Snacks & Relax 1:30- Goal Setting with Ashley 3:15- Holiday Party/ Christmas Crafts	<b>18</b>	<b>Group Outing- Movies</b> (for members who have attended 3 or more classes)
<b>24</b>	<b>Closed- Happy Holidays!</b>	<b>25</b>	<b>Closed- Happy Holidays!</b>

A place where “YOU can be YOU”

**\*The Mariposa County Wellness Center is open to all community members 18 years of age and older who have attended an orientation. For any questions please contact Ashley Jefferson at (209) 742-0979. If transportation is needed please call before 11:00 AM the day of.**

