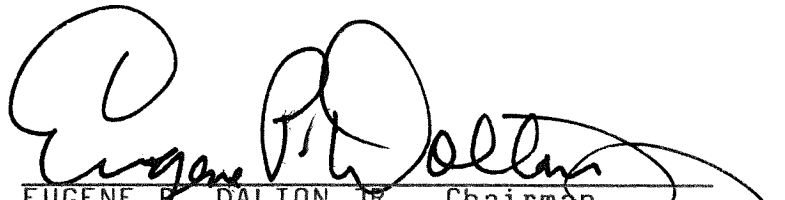


MARIPOSA COUNTY RESOLUTION NO. 85-133

BE IT HEREBY RESOLVED by the Board of Supervisors of Mariposa County, a political subdivision of the State of California, that the Board of Supervisors hereby approved the following document: Application for Block Grant Funds for American Indian Community Mental Health Program for Mariposa County.

PASSED AND ADOPTED by the Mariposa County Board of Supervisors this 14th day of May, 1985, by the following vote:

- AYES: BARRICK, DALTON, ERICKSON, RADANOVICH, TABER
- NOES: NONE
- ABSENT: NONE
- ABSTAINED: NONE




 EUGENE F. DALTON, JR., Chairman
 Mariposa County Board of Supervisors

ATTEST:

GERALD MC CARTHY

 GERALD MC CARTHY, County Clerk and
 Ex Officio Clerk of the Board

By 



 MARGIE WILLIAMS, Deputy Clerk
 APPROVED AS TO FORM AND
 LEGAL SUFFICIENCY:



 JEFFREY C. GREEN
 County Counsel

State of California—Health and Welfare Agency
MH 1777 (2/85)

Department of Mental Health

RETURN 5 COPIES NO LATER THAN MAY 24 [REDACTED], 1985 TO: Community Projects SECTION Community Programs DIVISION DMH — 1600 Ninth Street Sacramento, CA 95814 (916) 323-8281	APPLICATION FOR BLOCK GRANT FUNDS	OFFICIAL USE ONLY App. No. Rec'd.
PROJECT TITLE: American Indian Community Mental Health Program for Mariposa County		
AGENCY: Mental Health Services for Mariposa County	AGENCY CONTACT: NAME: Jerry Wengerd	
AGENCY ADDRESS: P.O. Box 99, Mariposa, Ca. 95338	TITLE: Mental Health Director PHONE: (209) 966-2000	
 SIGNATURE: LOCAL MENTAL HEALTH AUTHORITY	TARGET GROUP: American Indian	
DURATION OF PROJECT (3 YEAR MAXIMUM) FROM: Sept. 1, 1985 TO: July 1, 1988	SUPPORT REQUESTED FOR 3 YEARS	
SUMMARY OF PROPOSAL: Use this space to provide the chapters of your application. Outline the most important parts of the project, as described in the program narrative. 15 pages, maximum. <p>I. GOALS/METHODS/OBJECTIVES To establish a separately identified, culturally relevant, community based mental health center which will be acceptable and useful to the American Indian community in Mariposa.</p> <p>II. PROGRAM NARRATIVE (ACTIVITIES, SERVICES) Outpatient treatment will consist of assessment, individual and family psychotherapy. Psychiatric supervision and medication services are included. Community Outreach Services will include social activities to promote health and increase coping skills, and support for establishing a local sweat lodge, to promote traditional healing practices.</p> <p>GEOGRAPHIC AREA TO BE SERVED: Mariposa County</p> <p>III. CHARACTERISTICS OF INDIVIDUALS TO BE SERVED American Indians of local tribes, underserved because they do not accept existing services as culturally relevant. They do not have access to Federal Grants because they are not "land based" and are not a Federally recognized Tribe.</p> <p>IV. SUMMARY Establish a new, unique, culturally relevant mental health program, to reduce their unmet needs for help with emotional problems. Promotion of good health through cultural healing practices. Appropriate staff hired to establish a separate outreach clinic operating under the existing County contract program. Public advisory input from a citizens advisory committee.</p>		
<p>The applicant hereby affirms that the statements herein are true and complete to the best of his knowledge. The applicant agrees to comply with the Civil Rights Act of 1964 and that no person shall be discriminated against for the reasons of race, color, creed, or national origin. The applicant agrees to provide the Department of Mental Health a final report on the project. The applicant further agrees to all provisions as stated in Public Law 98-509.</p>		
Total pages in application	Signature  Title Mariposa County Mental Health Director	

DETAILED MENTAL HEALTH BUDGET FOR 12-MONTH PERIOD

Agency Name: Kings View Mental Health Services for Mariposa County From Sept. 1, 1985 Through June 30, 1986

PERSONNEL NAME (If Known)	DESCRIPTION (Itemize)	% OF TIME	AMOUNT REQUESTED (Omit cents)		
			SALARY	FRINGE BENEFITS	TOTAL
Unknown	Psychologist II (10 months)	100	22,657	4,533	27,190
Unknown	Program Assistant I (10 mo)	50	4,166	583	4,749
Unknown	Secretary I (10 months)	100	10,123	2,026	12,154
TOTAL STAFF EXPENSES:					44,093
CONSULTANT COSTS					
	Sabine Lucas (10 mo.)		1,275		
	Eduardo Duran (10 mo.)		340		
	American Indian Healers (10 mo.)		510		
					2,125
EQUIPMENT (Where feasible all equipment should be rented or leased.)					
Typewriter, Desks, chairs, tables, bookshelves, file cabinets (full year)					1,637
SUPPLIES					
Office supplies (10 months)					510
TRAVEL					3,182
OTHER EXPENSES (Itemize)					
	Rent	4800 (full year)	Training	100	
	Utilities	1800	Dues & Subs.	50	
	Telephone	1200	Malpractice	231	
	Maintenance	1100	Recruitment	500	
	Insurance	75	Headquarters overhead	8558	18,414
TOTAL REQUEST:					69,961
TOTAL CONTRACT (Completed by Department of Mental Health)					

IN KIND SERVICES OR COSTS (PLEASE LIST PROJECT COSTS OR SERVICES FOR WHICH YOU WILL PAY.)

- 10% Mental Health Director
- 10% Administrator
- 5% Mental Health Program Manager
- 2½% Program Psychiatrist

EST. VALUE: 12,976

ADMINISTRATIVE COSTS

No County overhead costs.

PROJECT NO. _____

DETAILED MENTAL HEALTH BUDGET FOR 12-MONTH PERIOD

Agency Name: Kings View Mental Health Services for Mariposa County From July 1, 1986 Through June 30, 1987

PERSONNEL NAME (If Known)	TITLE OF POSITION	% OF TIME	AMOUNT REQUESTED (Omit cents)		
			SALARY	FRINGE BENEFITS	TOTAL
Unknown	Psychologist II	100%	29,387	7,053	36,440
Unknown	Program Assesstant II	50%	5,673	794	6,467
Unknown	Secretary I	100%	13,136	3,153	16,289
TOTAL STAFF EXPENSES:					59,196
CONSULTANT COSTS					
	Sabine Lucas	1,500			
	Eduardo Duran	400			
	American Indian Healers	600			
					2,500
EQUIPMENT (Where feasible all equipment should be rented or leased.)					
Typewriter, desks, chairs, tables, bookshelves, file cabinets.					1,637
SUPPLIES					
Office supplies					400
TRAVEL					
					3,744
OTHER EXPENSES (Itemize)					
Rent	5280	Training	150		
Utilities	1800	Dues & Subsc.	50		
Telephone	1200	Malpractice	308		
Maintenance	1100				
Insurance	75	Headquarters overhead	10,975		20,938
TOTAL REQUEST:					88,415
TOTAL CONTRACT (Completed by Department of Mental Health)					

IN KIND SERVICES OR COSTS (PLEASE LIST PROJECT COSTS OR SERVICES FOR WHICH YOU WILL PAY.)

- 10% Mental Health Director
- 10% Administrator
- 5% Mental Health Program Manager
- 2½% Program Psychiatrist

EST. VALUE: 14,272

ADMINISTRATIVE COSTS

No County overhead costs.

PROJECT NO. _____

DETAILED MENTAL HEALTH BUDGET FOR 12-MONTH PERIOD

Agency Name: Kings View Mental Health Services for Mariposa County From July 1, 1987 Through June 30, 1988

PERSONNEL NAME (If Known)	DESCRIPTION (Itemize)	TITLE OF POSITION	% OF TIME	AMOUNT REQUESTED (Omit cents)		
				SALARY	FRINGE BENEFITS	TOTAL
Unknown		Psychologist II	100%	32,401	7,776	40,177
Unknown		Program Technician I	50%	6,568	920	7,488
Unknown		Secretary I	100%	14,483	3,476	17,959
TOTAL STAFF EXPENSES:						65,624
CONSULTANT COSTS	Sabine Lucas	1,500				
	Eduardo Duran	400				
	American Indian Healers	600				
						2,500
EQUIPMENT (Where feasible all equipment should be rented or leased.)	Typewriter, desks, chairs, tables, bookshelves, file cabinets					1,637
SUPPLIES Office supplies						400
TRAVEL						3,744
OTHER EXPENSES (Itemize)	Rent	5808	Training	200		
	Utilities	1800	Dues & Subsc.	50		
	Telephone	1200	Malpractice	385		
	Maintenance	1100				
	Insurance	75	Headquarters overhead	12,039		22,657
TOTAL REQUEST:						96,562
TOTAL CONTRACT (Completed by Department of Mental Health)						

IN KIND SERVICES OR COSTS (PLEASE LIST PROJECT COSTS OR SERVICES FOR WHICH YOU WILL PAY.)

- 10% Mental Health Director
- 10% Administrator
- 5% Mental Health Program Manager
- 2½% Program Psychiatrist

EST. VALUE: 15,698

ADMINISTRATIVE COSTS

No County overhead costs.

PROJECT NO. _____

AMERICAN INDIAN COMMUNITY MENTAL
HEALTH PROGRAM FOR MARIPOSA COUNTY

PROGRAM NARRATIVE

POPULATION

Mariposa County has a proportionately high population of American Indians of primarily the Miwok, Paiute and Chuckchancie Tribes who are a close knit group of people, but have a high need for mental health services. They are significantly underserved because they do not generally accept the public services as being culturally relevant or useful within their unique "Indian" view of life and life's problems. They identify primarily with their own cultural view of life which is based in their history as unique and separate from the prevailing "white" culture.

The 1980 census indicated 357 American Indians residing in Mariposa County. However, the Indian community has been documenting their census and family lineage, for the past several years, in preparation for petitioning the Federal Government for Tribal status, and they have documented more than 900 people of local Indian descent. The American Indian Council of Mariposa estimated approximately 1000 American Indians living in Mariposa County, which includes Indians of other Tribal origin who have moved here.

The Indian people of Mariposa County do not have a land base and are not recognized by the Federal Government as a tribe. Therefore, they are not recognized by the Federal Bureau of Indian Affairs and are not eligible for B.I.A. grants for projects or services. Historically, their land was taken prior to Yosemite National Park being established, and thus they were never granted tribal status.

The American Indian Council of Mariposa County is a non-profit Corporation with an elected Board of Directors, which represents the Indian residents of the County for the purpose of promoting Indian concerns, identifying problems and needs, and finding resources. They have completed an application for status as a Federally recognized Tribe which took several years to research and complete, and will take

several more years for Government processing before a determination is made, with the result unknown. The application may be competitive because of limited funding for Indian Reservations.

There are no separately identified health services for American Indians located in Mariposa County. There is an Indian Health program based in neighboring Tuolumne County, (one and one half hours away, over difficult mountain roads) which extends outreach services once a month in Mariposa. These services are limited to medical and dental care. Kings View Mental Health Services for Mariposa County is the County Short-Doyle program and is the only mental health provider in the county. A small percentage of Mariposa Indians use the county services, however, there is no separately identified American Indian program offered.

A health survey of Mariposa Indian people, conducted by the Tuolumne Rural Indian Health Program in 1983, revealed the following:

- A. "Significant barriers in accessibility of health care including distance, transportation, cost."
- B. "Mariposa residents reported more emotional problems than in the other counties (of the region). (13½% of the population reported emotional problems).
- C. "In general, utilization of all types of health care was lowest in Mariposa County" (lowest in the region).
- D. "Emergency medical services utilization in Mariposa is the highest in the region."
- E. "Fifty percent of the population is under Twenty-Two years old."
- F. "The clear lack of employment opportunity in the county is a major factor contributing to the ill health of the community. This problem is expressed in many ways including mental health problems, alcoholism, and the breakup of families. The absence of productive wage earners between the ages of 35 and 55 is a measure of this problem."
- G. "Unemployment is sixty-five percent, highest in the region."

There is a small, but growing, number of people participating in traditional American Indian healing practices under the leadership of traditional Indian healers. There is also a small number of people who find the existing public services to be useful and beneficial. However, there is a large majority of people who fit into neither category, and who are culturally identified as Indian.

This group represents the majority of Mariposa Indians, and as indicated above,

reveals a high self perceived incidence of emotional problems, along with high unemployment and low utilization of health care services. There is also a significant population of related people who are not of American Indian descent, but who identify with and are a part of the local Indian community either through marriage or other relationships. These people, because of their cultural identification, must be included in the population to be served.

PROGRAM

The overall goal of the program is to establish a separately identified, culturally relevant, community based mental health center which will be acceptable and useful to the American Indian community in Mariposa. A separate mental health outreach office will be established, which will be suitable for the identified population. Services provided will include the following direct outpatient treatment services as well as community outreach services:

Treatment Services

Outpatient treatment will consist of assessment, individual and family psychotherapy and counseling as well as crisis intervention services. Culturally appropriate staff will be trained in models of psychotherapy which are most useful within the American Indian world view, such as the Jungian model of dream work and symbolism. Outpatient sessions will be either office based, or home based depending on the patient or family's ability to travel.

Case consultation will also be a major part of each treatment episode, including appropriate contacts with traditional care agencies and schools.

Psychiatric supervision, psychiatric evaluation and medication services will be provided by the existing county mental health program.

Appropriate training and supervision of staff will also be provided by the existing staff of the county program.

Annualized CR-DC Units

(2) (15) Outpatient Services

(40-49) Individual Therapy	400 Units
(30-39) Assessment	35 Units
(60-69) Medication	60 Units

Community Outreach Services

It is anticipated that the community client contacts will be higher during the first year of the program while it is gaining recognition. Community client contacts are anticipated to be the best means for gaining personal acceptance, rapport, and respect among people unwilling to use the mental health services.

Other community outreach activities will include promoting the utilization of health services through organizing and supporting community wide groups and activities which promote health and healing, and promote social events which enhance a sense of community support among American Indian people. The objective will be to assist in organizing four events per year where the community will gather for an event and make the new program visible and accessible during these events.

Another objective of the outreach program will be to liaison with traditional American Indian Healers, in Mariposa, to promote traditional healing practices through education, and through establishing a local sweat lodge which can be used regularly.

The last objective is to organize and promote, with other community leaders, ongoing youth activities which will enhance a sense of cultural values, increase participants self esteem, and increase coping skills in practical problem solving. A related objective is to encourage young people to pursue higher education, and specifically to encourage students with aptitude in human services to pursue mental health careers.

Annualized CR-DC Units

(2) (45) Community Outreach Services

(20-29) Community Client Contact	600 Hours
(10-19) Mental Health Promotion	600 Hours

The staff of this program will work very closely with the staff of the existing county services, and will therefore have the advantages of ongoing staff training, administrative support, and a referral network of community agencies in Mariposa who already have close working relationships. By bringing this new program into direct contact with the existing community agency relationships (which are excellent), the American Indian people will gain a new awareness and access to public services in general.

ORGANIZATIONAL STRUCTURE

The American Indian mental health program will be located in a separate facility but will function as an outreach center of Mental Health Services for Mariposa County. The key staff member will be a full-time mental health clinician, either a Master in Social Work, or a Ph.D. Clinical Psychologist, depending on recruitment potential. This key clinician will be required to have experience, and cultural awareness and sensitivity in mental health programming for American Indians. This clinician will be responsible for all outpatient direct services and will be responsible for coordinating all outreach services. He or she will be supervised by the County Mental Health Director. A second staff member will be a one-half time para-professional, indigenous community worker who will assist the clinician in carrying out the objectives of the outreach program.

There will be one full-time clerk-typist secretary position who will function as a receptionist, type records, and coordinate communication for the program.

The program will be provided by the County under the Director of the County Department of Mental Health. The County Board of Supervisors, through the County Mental Health Department, will contract with Kings View Corporation using a Negotiated Net Amount contract, which will be consistent with the present contracting structure between Mariposa County and Kings View. Kings View has provided Mental Health Services for Mariposa County since the early 1970's, and currently operates the Short-Doyle program through a Negotiated Net Amount contract, under the direction of the County Mental Health Director.

Public input will be provided through an American Indian Advisory Committee. This committee will be chosen by the American Indian Council, and will function as a Committee of the Mariposa County Mental Health Advisory Board. The Mental Health Advisory Board currently has two positions representing the American Indian population of Mariposa County.

AGENCY CAPABILITIES

Agency capabilities must be addressed on three levels. First, at the level of the existing Mariposa mental health program, most of the staff have been in the program and in the community for more than five years. This longevity has enabled the staff to be very knowledgeable about community people, their strengths and concerns. The center has a high degree of respect among other agencies and community people with a reputation of being responsive to community needs.

During the past two years the local staff have written a proposal and implemented successfully, a specialized comprehensive program for the treatment and prevention of child abuse. This program is under the direct supervision of the Mental Health Director, and the treatment program is contracted to Kings View.

The local staff has participated actively and been included in local American Indian Council activities and business affairs. The staff has also received specialized in-service education on culturally appropriate mental health treatment with American Indians.

Finally, during the past two years, the local program has employed part-time, a Jungian Analyst from Zurich, Switzerland who is now living in Mariposa County. This analyst has had specialized graduate education in dream analysis and symbolism, and is now in this country to work principally with American Indians in developing a model for effective mental health treatment in context with their historical culture. It is anticipated that this analyst will serve as a consultant, meeting regularly with program staff.

The second level of agency capability is Kings View Corporation, headquartered in Fresno and providing public and private mental health services in several central

California counties. Kings View, a non-profit corporation has been providing mental health services in Central California since 1951, and expanded its' services to public mental health programs, through County contracts, after the passage of the Short-Doyle and Lanterman, Petris-Short acts. Kings View offers a centralized management, and control structure which includes a sophisticated, computerized management information system. This system provides current information necessary for effective decision making including patient data, treatment statistics, and budgeting and cost information. Kings View also provides legal and personnel services. The corporation has a history of successful contracting and programming in Mariposa County since the early 1970's.

The third level of capability involves the Mennonite Church, in which Kings View's roots lie. The corporation is a part of a nation-wide network of mental health centers originally sponsored by the Mennonite Church, and their oversight organization, Mennonite Mental Health Services. One of the Mennonite Church's primary missions is serving needy and underserved peoples both nation-wide and world-wide. The Church is noted for its' long history of service programs. Providing mental health services is one of the efforts involved in this mission, and the Church also has a long history of providing human service programs for underserved American Indian people in the Midwest and Southwest United States. The volunteers work in service programs focusing on alcoholism, drug abuse, counseling, and youth programs focusing on prevention. These programs are long standing and have a history of acceptance and inclusion by people such as the Hopi and the Cheyenne. Resources available to the Mariposa Program from this network could include training information and consultation, leading toward making the proposed program more useful and relevant for the local people.

IMPLEMENTATION

The proposal cover letter indicated a projected start-up date of September 1, 1985. The most difficult obstacle to commencing services will be recruitment of an

appropriate primary clinician. It is anticipated that active recruitment will begin immediately upon notification of approval. Recruitment for this position will involve state-wide and perhaps national advertising. Start up is anticipated to be September 1, 1985. It is anticipated that hiring, orientation, and training of staff will take two months. It is anticipated that all systems will be ready to begin actual service delivery no later than November 1, 1985. If the appropriate clinician can be recruited in a shorter period of time, it is anticipated that the new program can be fully operational with service beginning one month after hiring is completed. It is anticipated that this amount of time will be needed for specific training and orientation in the operational aspects of the program.

EVALUATION

As indicated by the attached letters, this proposed program has the input of both the American Indian Council of Mariposa County, and the Mariposa County Board of Supervisors.

Success of the project will be based on both hard data (units of service provided), and soft data (key informant interviews regarding the acceptability and performance of the program related to community outreach objectives). The key informants will be the members of the Advisory Committee, the Chairperson of the American Indian Council, and the Council, as a whole, in an open public meeting. Key Council members, the Chairperson, and the Advisory Committee will be interviewed by the Mental Health Director related to their satisfaction with the performance of the program. Upon completion of treatment, clients will be given a client satisfaction questionnaire. The results of these questionnaires will be summarized once a year to be included in the evaluation report.

Treatment units of service and community outreach units of service (both community client contact and promotion) will be monitored by the Mental Health Director monthly, and summarized once a year to be included in the evaluation report.

Cost reports will be prepared monthly by Kings View and monitored by the Mental

Health Director. The Mental Health Director will retain direct control of the Program staffing level with any changes in positions requiring the approval of the Director.

Without continued public funding it is not anticipated that the program could continue at the same level of service. The population served will not produce high levels of fees or insurance. However, it is anticipated that new public Mental Health funds may be available to continue the program. Services to American Indians have been a priority need in the Mariposa County Mental Health planning process for several years. Another anticipated source of funding will be through the Indian Health Service, and the Bureau of Indian Affairs. The local people are hopeful that they will receive Federal recognition as a Tribe within the next three years. If that happens, there may be new opportunities to apply for continued funding through the Indian Health Service.